



Linking Edible Arizona Forests

Growing Edible Arizona Forests, An Illustrated Guide

Excerpt from *leafnetworkaz.org*

Edible Tree Guide

CHOOSE Planting Site and Design

- Sun and Shade Patterns

Sun and Shade Patterns

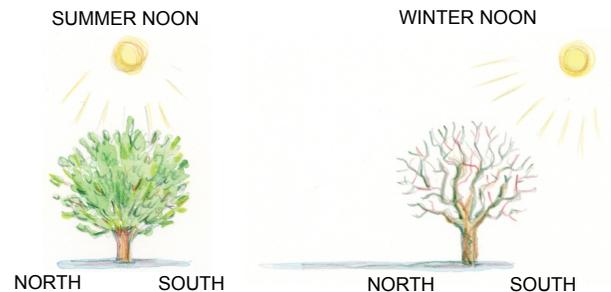
Sun angles vary with latitude, time of year and time of day. Potential climate change in the U.S. Southwest will not change sun patterns, but could result in higher average temperatures and hotter, longer droughts.

In Arizona summers, the sun shines from the *northeast* in the morning, reaches nearly straight overhead at midday and sets in the *northwest* at sunset. Direct sunlight can be very hot, with areas next to west-facing walls even hotter. Shade cast in summer can be a relief, but the air temperature is often still hot.

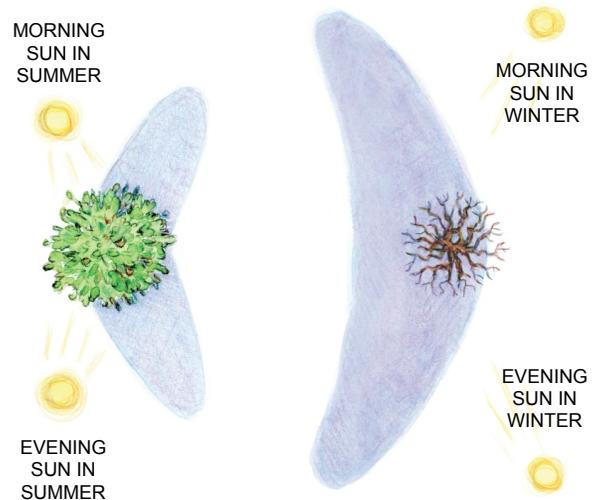
In Arizona winters, the sun moves across the *southern* sky from sunrise to sunset each day. Shade on the north side of buildings and walls can be deeply cold in winter. South-facing walls, if heated by the sun, can be somewhat warmer than overall outside temperatures. In fall and spring, milder air temperatures can moderate direct sun and deep shade throughout the site.

Native trees are generally heat and sun resistant. They can shade houses, reducing household cooling costs and lowering outdoor temperatures around them. But even native trees can suffer if pruning exposes formerly shaded bark and stems to full sun, so avoid heavy pruning in summer. Instead, prune in cooler seasons to expose bark and stems to direct sun gradually.

Nonnative edible trees may need partial shade from the long hours of direct summer sun, especially in southern deserts. Place heat- and sun-sensitive trees east of buildings to provide them with shade during hot afternoons. Trellises, shade cloth and porches can help create partial shade, especially for trees on the west side of buildings.



Patterns of shade cast by trees at noon in summer and winter, as seen from the side.



Patterns of summer and winter shade cast by trees from morning to afternoon to evening, as seen from above.

During hot summers, urban areas with extensive roofs, parking lots, streets and other pavement absorb heat all day and radiate heat back out at night, stressing trees and people. This is called the *urban heat island effect*. Potential future higher temperatures could increase this effect. Shaded pavement can be substantially cooler than sunny pavement. At the same time, trees provide evaporative cooling to the air around them, much as misting systems do. Where possible, plant heat-tolerant native edible trees to shade roofs, walls and pavement. Avoid medium and high water-use trees in low-elevation desert urban areas. Use rainwater harvesting and urban stormwater runoff to help water the trees.

In winter, the north sides of buildings are shaded all day. This cooler microclimate can supply the chill hours that some trees need to produce fruit. On the other hand, trees that are cold sensitive will benefit from being planted on the south side of buildings where the walls can absorb heat from daytime sun in winter and release it at night, buffering cold overnight temperatures.

In those Arizona climates where winter warmth is welcome, planting trees that drop their leaves—rather than planting evergreen trees—on the south side of buildings will allow sun to enter south-facing windows.



A citrus tree on the east side of a brick building benefits from morning heat and light all year, while being shaded from hot afternoon sun in summer.



Shade is cast on cars by native trees in a parking lot.



Deep shade is cast to the north in winter by native trees. The depressed basin receives runoff water from the adjacent parking lot.

ADDITIONAL RESOURCES

Solar orientation

- <http://www.harvestingrainwater.com/sun-shade-harvesting/sun-path-diagrams/>
- <http://www.azsolarcenter.org/tech-science/solar-architecture/solar-building-design-in-arizona.html>